

ISKF Northwest Region
1336 Bellevue Way NE #3
Bellevue, WA 98004

Chief Guest Instructor



Denis Houde, 6th Dan
ISKF Quebec



Joe Dixon, 6th Dan
ISKF British Columbia



Kris Haight, 6th Dan
ISKF NW Region



Ken Kraisler, 5th Dan
ISKF NW Region

24th Annual

2014
Pacific NW
Karate Camp

June 26th - 29th



Guest Instructor

Denis Houde, 6th Dan

Instructors

Joe Dixon, 6th Dan

Kris Haight, 6th Dan

Ken Kraisler, 5th Dan

Host

Cathy Cline, 8th Dan

Camp Schedule June 26 - 29, 2014

Thursday, June 26

3:00 - 5:00pm Registration
 6:00 - 7:00pm General Training
 7:00pm Dinner on the Town
 11:00pm Lights Out

Friday, June 27

6:30am Wake-up
 7:15 - 8:15am General Training
 9:00am Breakfast
 11:00 - 12:00 Karate Training
 1:00pm Lunch
 1:30pm Wetlands Tour
 3:30 - 5:00pm Karate Training / I.T. Class
 6:00pm Dinner
 7:30pm Movie at Husky Hall
 11:00pm Lights Out

Saturday, June 28

6:30am Wake-up
 7:15 - 8:15am General Training
 9:00am Breakfast
 11:00 - 12:00 Karate Training
 1:00pm Lunch
 3:30 - 5:00pm Dan Exam / Karate Training
 6:00pm Dinner
 7:30pm Movie at Husky Hall
 8:00pm NW Annual Meeting
 11:00pm Lights Out

Sunday, June 29

6:30am Wake-up
 7:15 - 8:15am Karate Training
 9:00am Breakfast
 11:00am Departure

New Location This Year!

This year's Pacific NW Camp is being held at the University of Washington Bothell campus. UW Bothell is less than 30 miles from SeaTac airport and close to downtown Bothell shops and restaurants.

Activities

Karate training is the core activity at Pacific Northwest Camp, with classes for all levels. We also offer massage with Kim & Jim Hartley. New this year: a local wetlands tour with UW Bothell experts!

Transportation

Transportation to and from the camp must be arranged by the participant. Please let us know if you'll be arriving after hours so we can make sure someone is around to check you in.

Accommodations

We will be housed in Husky Village student housing. We'll have one and two-bedroom apartments in Pine and Oak Halls. Bedding and towels are provided, along with full facilities including kitchens and washer/dryers in each apartment. Bring your own hand & body soap! Check in at the Community Center for room keys and parking passes. See: <http://www.uwb.edu/housing/gallery>

Husky Village: 18612 Beardslee Blvd.
Bothell, WA 98011

Directions to UW Bothell Campus From I-5/I-405 Southbound

From Interstate 5, take Exit 182 (I-405 South). Follow I-405 South towards Bothell. Take Exit 24 (NE 195th St/Beardslee Blvd). Turn right onto Beardslee Blvd. Husky Village entrance will be on the left.

From I-405 Northbound

Take I-405 North towards Bothell. Take Exit 24 (NE 195th St/Beardslee Blvd). Turn left onto NE 195th St. Continue onto Beardslee Blvd. Husky Village entrance will be on the left.

REGISTRATION FORM: (*Make checks payable to ISKF/NW.)

NAME _____ RANK _____

ADDRESS _____ Dojo _____

CITY/STATE/ZIP _____ INSTRUCTOR _____

EMAIL ADDRESS _____

Four days (Th-Fri-Sat-Sun) \$395 / person

Three days (ie: Fri-Sat-Sun) \$345 / person

Two days (ie: Sat-Sun) \$295 / person

One day \$245 / person

*** Registration must include \$50 deposit per person. Deduct \$50ea for registration by 6/4/14

READ THIS WAIVER CAREFULLY AND SIGN BEFORE RETURNING TO ISKF/NW:
 I release the ISKF, WWSKC, UWB and all their officers, directors & guest instructors from all liability and claims against them for any injury, death or other circumstance, and I accept full financial obligation for any and all medical, hospitalization or other costs related to any injury or other circumstance resulting from my participation or stay at Pacific NW Camp.

Signature of participant and legal guardian if under 18 years _____ Date _____